

# DEVELOP NEW DEFINITIONS OF MANHOOD FOR BOYS & YOUNG MEN

## THE COUNCIL FOR BOYS AND YOUNG MEN FACILITATOR TRAINING DECEMBER 9-11, 2020 ONLINE



### Promoting Strengths, Community & Responsibility.

The Council for Boys and Young Men® is a strengths-based group model that addresses risk factors and empowers participants to find belonging, build assets, and deconstruct harmful masculinity beliefs on their journey toward becoming respectful leaders and connected allies in their community.

### STUDIES SHOW SIGNIFICANT INCREASES IN SCHOOL

ENGAGEMENT AND POSITIVE IMPACTS ON MASCULINITY BELIEFS. THE CENTER FOR DISEASE CONTROL (CDC) IS NOW FUNDING A 4-YEAR STUDY ON BOYS COUNCIL AIMED AT PREVENTING VIOLENCE.

**A Workshop for Adults Across All Sectors** including Education, Community Based Programs, Juvenile Justice, Mental and Behavioral Health, Child Welfare, Substance Abuse and Gang Prevention Programs, Faith Based Settings, and more

**Training Outline:** Theoretical Foundation, The Council Model, Role of the Facilitator, Council Agreements, Responding to Challenging Behaviors, Research, Effective Facilitation Skills, Experiential Model: Purposeful Activities & Reflection, Enhancing Critical Thinking and Healthy Decision Making

**Credits Offered:** 11 CE Hrs. Approved provider by NASW #886445495-9287; 14 Hrs. for CA-STC for Corrections. Approved provider by CAMFT, Provider #132313. This course qualifies for 13 CE hours for LMFT's, LCSW's, LPCC's, and LEP's by the CA BBS; Approved by the OH-CSWMFTB for 13 ceu's Approval #MCST06206500. One Circle Foundation maintains responsibility for this program/course and content.

**Ask about our free Grant Writer's Template to help you secure funding for these highly effective programs.**

**LOCATION:** Zoom Online Meeting  
(Link Provided After Registration)

**TIME:** Day 1: 8am - 1pm PST  
Day 2: 8:30am - 1pm PST  
Day 3: 8:30am - 1pm PST

**HOSTED BY:** One Circle Foundation

**COST:** \$420

Registration includes Facilitator Manual and handouts. Attendance required each day and a certificate is awarded by email upon completion, once verified, within two business days. Attendees will receive a coupon at the training for 15% off curricula, valid for 30 days beginning Day 3. Not redeemable with previous purchases. For a scholarship application, see: [www.onecirclefoundation.org/scholarships.aspx](http://www.onecirclefoundation.org/scholarships.aspx)

For the course outline visit the training page of our website:  
[www.onecirclefoundation.org/trainings.aspx#tctf](http://www.onecirclefoundation.org/trainings.aspx#tctf)

For information on our instructors, visit:  
[www.onecirclefoundation.org/trainers.aspx](http://www.onecirclefoundation.org/trainers.aspx)

For full training policies, accreditation, and disability accommodations visit our website:  
<https://onecirclefoundation.org/policies.aspx>

For addressing grievances, please write to:  
[info@onecirclefoundation.org](mailto:info@onecirclefoundation.org)

REGISTER AT [WWW.ONECIRCLEFOUNDATION.ORG](http://WWW.ONECIRCLEFOUNDATION.ORG) OR CALL (415) 419-5119



One Circle Foundation is a San Francisco Bay Area nonprofit organization which promotes resiliency and healthy development in youth, adults, and communities. We train, consult, and equip service providers across all youth sectors locally and internationally with research-based circle program models, best practice approaches, and manual-guided curricula. Girls Circle®, The Council for Boys and Young Men®, and Women's Circle® integrate evidenced-based practices with cross-cultural traditions and caring relationships. **Read more on our Models & Research at [www.OneCircleFoundation.org](http://www.OneCircleFoundation.org).**



# LEARNING OBJECTIVES AND SCHEDULE

## DAY 1 – 8:00 AM – 1:00 PM

ON DAY ONE, PARTICIPANTS WILL BE ABLE TO:

- Name the central component of the integrated theoretical foundation of One Circle Foundation’s programs
- Describe two risk behaviors associated with rigid masculinity beliefs
- List two strengths – based facilitation practices
- Identify the 7 steps of The Council for Boys and Young Men Model
- Describe two characteristics of the adolescent brain
- Name two resiliency factors that offer protection for youth through adversity

8:00AM–8:30AM .....	ONLINE PLATFORM ORIENTATION
8:30AM–9:10AM .....	OPENING, ICEBREAKER, COMMUNITY AGREEMENTS
9:10AM.....	break [5 mins]
9:15AM–10:55AM .....	THEORETICAL FOUNDATION, MASCULINITY AND GENDER NORMS
10:55AM.....	break [5 mins]
11:00AM–12:40PM .....	THE COUNCIL FOR BOYS AND YOUNG MEN SEVEN STEP MODEL
12:40PM–1:00PM .....	DEBRIEF, SUMMARY, CLOSING

## DAY 2 – 8:30 AM – 1:00 PM

ON DAY TWO, PARTICIPANTS WILL BE ABLE TO:

- Identify at least one strategy for addressing high risk behaviors discussed in The Council
- Identify a condition that promotes “buy in” of the Council Agreement
- Make a strength – based statement in response to a challenging behavior
- Identify two strategies to address a challenge to the facilitator’s power in the Council
- Identify at least two of the five stages of change
- Identify the motivational interviewing practices referred to as the acronym “OARS”

8:30AM–9:10AM .....	OPENING, REVIEW, Q/A, GROUP ACTIVITY
9:10AM–9:35AM .....	AGREEMENTS & STRENGTHS-BASED APPROACH
9:35AM.....	break [5 mins]
9:40AM–11:00AM .....	MANAGING CHALLENGING GROUP DYNAMICS
11:00AM–11:30AM .....	ROLE OF THE FACILITATOR
11:30AM.....	break [5 mins]
11:35AM–12:05PM .....	EFFECTIVE FACILITATION SKILLS
12:05AM–12:50PM .....	EXPERIENTIAL MODEL
12:50AM–1:00PM .....	SUMMARY, Q/A, CLOSING

## DAY 3 – 8:30 AM – 1:00 PM

ON DAY THREE, PARTICIPANTS WILL BE ABLE TO:

- Describe at least two phases of the Experiential Model
- Describe one way that incorporating cultural identity activities promotes resiliency for young men
- List two components of active listening that can be incorporated into youth development activities
- Name the two key parts of an application question

8:30AM–8:55AM .....	OPENING, REVIEW, RESEARCH
8:55AM–9:20AM .....	GROUP CHALLENGE ACTIVITY – EXPERIENTIAL MODEL
9:20AM–9:50AM .....	REVIEW & PREPARATION TO LEAD ACTIVITIES
9:50AM.....	break [5 mins]
9:55AM–10:00AM .....	INSTRUCTIONS
10:00AM–11:35AM .....	PRACTICUM ROUNDS 1, 2, 3
11:35AM.....	break [5 mins]
11:40AM–12:40PM .....	PRACTICUM ROUNDS 4, 5
12:40PM–1:00PM .....	DEBRIEF, Q/A, CLOSING, EVALUATIONS

TRAINING DATE \_\_\_\_\_ LOCATION \_\_\_\_\_

TRAINING MODEL (GIRLS CIRCLE / THE COUNCIL / MGRB / MOTHER-DAUGHTER CIRCLE) \_\_\_\_\_

NAME \_\_\_\_\_ TITLE \_\_\_\_\_

ORGANIZATION \_\_\_\_\_

TYPE OF PROGRAM (i.e. SCHOOL, JUVENILE JUSTICE, etc.) \_\_\_\_\_

MAILING PREFERENCE (to receive materials, please choose one):  HARD COPY  DIGITAL / E-COPY

MAILING ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE/PROV. \_\_\_\_\_ ZIP/PC \_\_\_\_\_ COUNTRY \_\_\_\_\_

DAYTIME PHONE \_\_\_\_\_ CELL PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

HOW DID YOU HEAR ABOUT US? \_\_\_\_\_

REGISTRATION FEES – ATTENDANCE REQUIRED EACH DAY	QUANTITY	TOTAL
\$420		
<b>CURRICULA ORDERING</b> (Optional, See Next Page for Information)		
1.		
2.		
3.		
(Tax only applies to curricula shipped to California. Rate: 8.5%) <b>TAX:</b>		
(The cost of shipping curricula varies, call for rates. Ships within 48 hours of receiving payment or purchase order.) <b>SHIPPING:</b>		
<b>GRAND TOTAL:</b>		

**PAYMENT METHOD:** Check# \_\_\_\_\_ P.O.# \_\_\_\_\_ Credit Card Type (all accepted) \_\_\_\_\_

**CREDIT CARD#** \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ **EXP:** \_\_\_\_/\_\_\_\_ **CVS#:** \_\_\_\_\_

**BILLING ADDRESS** (if different): \_\_\_\_\_

**SIGNATURE:** X \_\_\_\_\_

SEND REGISTRATION FORM AND FEES PAYABLE TO:

**ONE CIRCLE FOUNDATION | 734 A STREET, SAN RAFAEL, CA 94901**

FAX: **(415) 448-5459** | EMAIL: **INFO@ONECIRCLEFOUNDATION.ORG** | CALL: **(415) 419-5119**

PURCHASE ORDER MUST BE SENT WITH REGISTRATION FORM. Registration and payment must be received by two weeks before the training. A \$50 administrative fee will be charged for cancellations within two weeks of training. No refunds within one week of the training. For more information visit [www.OneCircleFoundation.org](http://www.OneCircleFoundation.org).



# THE COUNCIL FOR BOYS AND YOUNG MEN® CURRICULA

The Council Facilitator Activity Guides are fully developed curricula to engage, challenge, celebrate, develop, and unite boys. The user-friendly guides contain step-by-step instructions on leading discussions, teambuilding, and creative activities. Simply gather your materials and begin. Easily adaptable to your own unique setting. [www.OneCircleFoundation.org](http://www.OneCircleFoundation.org) | (415) 419-5119 | Fax: (415) 448-5459



## GROWING HEALTHY, GOING STRONG

10 SESSIONS, Ages 9-14. Boys will have fun identifying social-emotional messages, experiences, and attitudes for growing up male in our culture. Competition, bullying, male and female role expectations, self confidence, and teamwork are highlighted through games and team challenges. \$147



## STANDING TOGETHER: A JOURNEY INTO RESPECT

10 SESSIONS, Ages 9-14. Provides engaging ways to address common themes which pre-teens and early adolescents encounter, including breaking down social-cultural barriers, motives and actions around put-downs, defining male power, and standing up for each other. \$147



## LIVING A LEGACY: A RITE OF PASSAGE

10 SESSIONS, Ages 14-18. Young men gain skills and knowledge to navigate growing up male in today's society through the introduction of topics and experiential activities that address a myriad of relevant challenges – safely, powerfully, and within a spirit of “council” connection. \$147



## JOURNEY OF THE GREAT WARRIOR: EMPOWERING MINORITY AND DISENFRANCHISED YOUTH

18 SESSIONS, Ages 13-18. (Prerequisite: Living a Legacy.) Recognizes assets and barriers of marginalized youth. Using creative challenges, personal narratives, and the restorative environment of nature, it builds upon individual, collective and cultural assets. \$221



## MEN OF HONOR: BECOMING RESPECTFUL, NONVIOLENT LEADERS (SETS 1 & 2)

10 SESSIONS EACH, Ages 13+. In this groundbreaking and trauma responsive two-set curriculum, young men examine harmful gender norms and develop definitions of manhood. Fun and thought-provoking. \$368 for both or individually for \$184 each.



## BROTHERS AS ALLIES

10 SESSIONS, Ages 11-14. Addresses gender roles and expectations, self-expression, healthy masculinity, respect for differences, positive ethnic identity, communication, empathy, and becoming allies. Originally created as part of a 4-year study funded by the CDC, it is a compilation of sessions from other guides aimed at preventing violence. \$147



## SEX IN THE DIGITAL AGE: A GUIDE TO TALKING WITH TEENS ABOUT PORNOGRAPHY AND SEXTING

6 SESSIONS, Ages 11-18. Harnesses the relational strengths of youth to effectively explore the complex intersecting topics of technology, sexuality, and relationships. Not intended as a stand-alone program, this guide fits seamlessly with your existing sex education and media literacy offerings. \$90



groups and projects, juvenile justice settings, recreational programs, foster care services, mentoring projects, faith organizations, outdoor and adventure learning, camps, mental health programs. A Value of \$1,134 – Priced at \$1,020 (10% Off.)

**THE COUNCIL FACILITATOR MANUAL** – This manual outlines all a facilitator needs to implement the strengths-based Council program within their organizational settings and is a potent tool that is full of practical, useful information presented in our workshop. Includes: Resiliency and Strengths-Based Principles, Masculinity Identity Theories, the Male Brain, Outline of The Council Model and Format, Responding to the Stages of Group Development, and more. Prepares agencies and individuals to offer boys a solid pathway toward healthy masculine identity development and encourages boys' solidarity through personal and collective responsibility. \$104

## THE COUNCIL COMPLETE SET

For Ages 9-18. Includes eight activity guides plus The Council Facilitator Manual. Well-suited in all settings where boys live and gather: schools, after school programs, community youth