

# IMPLEMENT AN EVIDENCE-BASED PROGRAM FOR GIRLS

## GIRLS CIRCLE FACILITATOR TRAINING

JANUARY 28-29, 2019 NEW BRITAIN, CT



**Promoting Strengths and Resiliency in Girls and Young Women.** The Girls Circle® model is designed in the evidence-based principles of motivational interviewing and strengths based approaches, is trauma responsive, culturally responsive, gender transformative, and utilizes restorative practices.

**GIRLS CIRCLE® IS THE FIRST PROGRAM IN THE NATION PROVEN TO REDUCE DELINQUENCY FOR GIRLS, NOW LISTED ON SAMHSA'S NATIONAL REGISTRY FOR EVIDENCE-BASED PROGRAMS AND PRACTICES.**

**A Workshop for Adults Across All Sectors** including Education, Community Based Programs, Juvenile Justice, Mental and Behavioral Health, Child Welfare, Substance Abuse and Gang Prevention Programs, Faith Based Settings, and more

**Training Outline:** Day One: Theoretical Framework, The Six Step Circle Format, Creating Trust, Bonding & Cohesion, Handling Challenging Group Dynamics. Day Two: Primary Role of the Facilitator, Research, Effective Facilitation Skills, Enhancing Critical Thinking and Healthy Decision Making

**Credits Offered:** 13 CE Hrs. Approved provider by NASW; OH-CSWMFT Board; CA-STC for Corrections, Approved provider by CAMFT, Provider #132313. This course qualifies for 13 CE hours for LMFT's, LCSW's, LPCC's, and LEP's by the CA BBS; 1 College Credit. One Circle Foundation maintains responsibility for this program/course and its content.

**Ask about our free Grant Writer's Template to help you secure funding for these highly effective programs.**

**LOCATION:** ITBD (Institute for Technology and Business Development), Room #322  
185 Main Street  
New Britain, CT 06051

**TIME:** 8am\*- 4:30pm, both days

**HOSTED BY:** CSSD (Court Support Services Division)

**COST:** \$410

*\*Registration begins at 8am, training starts at 8:30am.*

Registration includes Facilitator Manual and continental breakfast. Attendance required on both days and a certificate is awarded upon completion on the last day of training. Attendees will receive a coupon at the training for 15% off curricula, valid for 30 days beginning on Day Two. Not redeemable with previous purchases. Scholarship application available on the training page at [OneCircleFoundation.org](http://OneCircleFoundation.org).

For the course outline and complete list of educational objectives, visit:

[www.onecirclefoundation.org/docs/CO\\_GCFT.pdf](http://www.onecirclefoundation.org/docs/CO_GCFT.pdf). (Credits are not offered for the lunch hour on both days.) For information on our instructors, visit [onecirclefoundation.org/trainers.aspx](http://onecirclefoundation.org/trainers.aspx).

For full training policies, accreditation, and accommodations for special needs visit our website: [www.onecirclefoundation.org](http://www.onecirclefoundation.org). For addressing grievances, please write [info@onecirclefoundation.org](mailto:info@onecirclefoundation.org).

REGISTER AT [WWW.ONECIRCLEFOUNDATION.ORG](http://WWW.ONECIRCLEFOUNDATION.ORG) OR CALL (415) 419-5119



One Circle Foundation is a San Francisco Bay Area nonprofit organization which promotes resiliency and healthy development in youth, adults, and communities. We train, consult, and equip service providers across all youth sectors locally and internationally with research-based circle program models, best practice approaches, and manual-guided curricula. Girls Circle®, The Council for Boys and Young Men®, and Women's Circle® integrate evidence-based practices with cross-cultural traditions and caring relationships. **Read more on our Models & Research at [www.OneCircleFoundation.org](http://www.OneCircleFoundation.org).**

TRAINING DATE \_\_\_\_\_ LOCATION \_\_\_\_\_

TRAINING MODEL (GIRLS CIRCLE / THE COUNCIL / ADVANCED) \_\_\_\_\_

NAME \_\_\_\_\_ TITLE \_\_\_\_\_

ORGANIZATION \_\_\_\_\_

TYPE OF PROGRAM (i.e. SCHOOL, JUVENILE JUSTICE, etc.) \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE/PROV. \_\_\_\_\_ ZIP/PC \_\_\_\_\_ COUNTRY \_\_\_\_\_

DAYTIME PHONE \_\_\_\_\_ CELL PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

HOW DID YOU HEAR ABOUT US? \_\_\_\_\_

REGISTRATION FEES – ATTENDANCE REQUIRED BOTH DAYS	QUANTITY	TOTAL
\$360 per Participant 30 days prior to training, \$410 within 30 days of training date.		
<b>CURRICULA ORDERING</b> (Optional, See Next Page for Information)		
1.		
2.		
3.		
(Tax only applies to curricula shipped to California. Rate: 8.5%) <b>TAX:</b>		
(The cost of shipping curricula varies, call for rates. Ships within 48 hours of receiving payment or purchase order.) <b>SHIPPING:</b>		
<b>GRAND TOTAL:</b>		

**PAYMENT METHOD:** Check# \_\_\_\_\_ P.O.# \_\_\_\_\_ Credit Card Type (all accepted) \_\_\_\_\_

**CREDIT CARD#** \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ **EXP:** \_\_\_\_/\_\_\_\_ **CVS#:** \_\_\_\_\_

**BILLING ADDRESS** (if different): \_\_\_\_\_

**SIGNATURE:** X \_\_\_\_\_

SEND REGISTRATION FORM AND FEES PAYABLE TO:  
**ONE CIRCLE FOUNDATION | 734 A STREET, SAN RAFAEL, CA 94901**  
 FAX: **(415) 448-5459** | EMAIL: **INFO@ONECIRCLEFOUNDATION.ORG** | CALL: **(415) 419-5119**

PURCHASE ORDER MUST BE SENT WITH REGISTRATION FORM. Registration and payment must be received by two weeks before the training. A \$50 administrative fee will be charged for cancellations within two weeks of training. No refunds within one week of the training. For more information visit [www.OneCircleFoundation.org](http://www.OneCircleFoundation.org).



# GIRLS CIRCLE CURRICULA

These curriculum provide facilitators with everything they need to run a strengths-based program for girls and create a safe space to address risky behaviors, build on protective factors, and improve relationships. The user-friendly guides contain step-by-step instructions on leading discussions, teambuilding, and creative activities. Simply gather your materials and begin. Easily adaptable to your own unique setting. [www.OneCircleFoundation.org](http://www.OneCircleFoundation.org) | (415) 419-5119 | Fax: (415) 448-5459



## BODY IMAGE

8 SESSIONS, Ages 12+. Examines cultural messages and personal beliefs that influence body image. Raises awareness, and explores underlying causes of poor body image. \$116



## MY FAMILY, MY SELF

8 SESSIONS, Ages 12-18. Examines development within a family and offers the chance to acknowledge the many gifts and challenges of growing up within the family unit. \$116



## MIND, BODY, SPIRIT

12 SESSIONS, Ages 12-16. Promotes resistance skills to high-risk behaviors by addressing drug use and healthy sexuality. \$168  
**MENTE, CUERPO Y ESPÍRITU GUIA PARA LATINAS** - In English & Spanish! \$200



## WHO I AM

8 SESSIONS, Ages 14-18. Examines identity, assertiveness, and goal setting through role-play, mandala making, music, and more. Very well received by high school girls. \$116



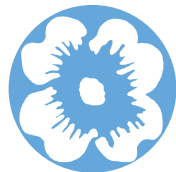
## RELATIONSHIPS WITH PEERS

10 SESSIONS, Ages 13-18. Enhances awareness of relationships. Themes include "Expressing Myself," "Romantic Relationships," & "Girlfights or Girlfriends." \$147



## EXPRESSING MY INDIVIDUALITY

8 SESSIONS, Ages 11-15. Celebrates individuality, diversity, getting along with others, and addresses goals, conflict styles, individual wellness, and taking time to relax. \$116



## BEING A GIRL

8 SESSIONS, Ages 11-13. Introduces the positive experience of a support circle addressing topics such as "Growing Up Female," "Growth and Self-Care," & "Female Role Models." Great for middle-school girls. \$116



## PATHS TO THE FUTURE

12 SESSIONS, Ages 12+. For at-risk or court-involved girls. Examines beliefs and actions about trust, authority figures, sexuality, dating violence, HIV, drug abuse, stress and goal-setting. \$168



## FRIENDSHIP

8 SESSIONS, Ages 9-14. Groundbreaking guide that shores girls up with strong interpersonal skills, addresses exclusion and feuding and knocks down barriers to pride, confidence, and empathy. \$116



## HONORING OUR DIVERSITY

12 SESSIONS, Ages 11-18. Recognizes girls' varied cultural, ethnic, and racial backgrounds while emphasizing positive identity and alliance building. Includes a journal. \$168



## WISE & WELL

8 SESSIONS, Ages 12-18. Addresses current challenges such as cyberbullying, social media, binge drinking, marijuana use, mental health, and more. Inspires eyes wide open and minds sharp and aware. \$116



## LA MARIPOSA FOR ADOLESCENT LATINAS

12 SESSIONS, Ages 12-18. Supports the positive life development of Latina girls and introduces life skills for empowerment and excellence via culturally responsive discussions and activities. \$199



## MOTHER-DAUGHTER CIRCLE

8 SESSIONS, Ages 11+. Mothers or Female Caregivers join their daughters to strengthen their bonds through shared listening, creative expression, and skill building. \$168



## THE GIRLS CIRCLE COMPLETE SET

Rich with skill-building themes that promote critical thinking in girls' lives. Includes 12 Activity Guides, the Facilitator

Manual and the Evaluation Tool Kit. *Does not include "La Mariposa" and "Mind, Body, Spirit for Latinas."* Priced at \$1,635 (10% Off.)

**GIRLS CIRCLE FACILITATOR MANUAL** Learn the guiding principles, theoretical framework, and foundational structure of the Girls Circle program. \$104

**GIRLS CIRCLE EVALUATION TOOL KIT** Developed specifically for Girls Circle and contains all you need to measure outcomes of your program. \$83