



DEVELOP NEW DEFINITIONS OF MANHOOD FOR BOYS AND YOUNG MEN.

The Council for Boys and Young Men® is a strengths-based group model for youth ages 9-18 that addresses risk factors and empowers boys and young men to find belonging, build assets, and deconstruct harmful masculinity beliefs on their journey toward becoming respectful leaders and connected allies in their community.

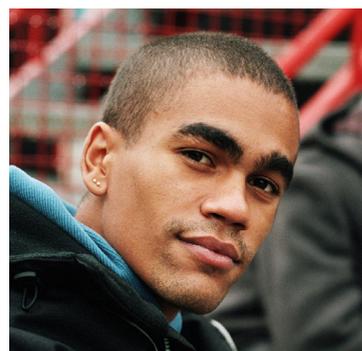
**DESIGNED IN THE EVIDENCE-BASED PRINCIPLES OF
MOTIVATIONAL INTERVIEWING AND STRENGTHS-BASED APPROACHES
THAT TARGET RESILIENCY AND PROTECTIVE FACTORS.**

Additionally, the model:

- Stimulates critical thinking and moral reasoning through experiential activities and guided discussions
- Has shown significant increases in school engagement
- Is implemented in community based organizations, schools, mental health, child welfare, and juvenile justice settings nationwide
- Compliments core programs that promote boys' critical thinking skills and pro-social perspectives
- Employs culturally-responsive and trauma-responsive practices
- Inspires boys to be self-motivated to change and to develop and practice skills that can be transferred to classrooms, neighborhoods, job training, or the basketball court
- Has received high satisfaction reports by participants of the program – boys want to be there!

ONE CIRCLE FOUNDATION MISSION

One Circle Foundation is a San Francisco Bay Area nonprofit that promotes resiliency and healthy development in youth, adults, and communities. We train, consult, and equip service providers across all youth sectors locally and internationally with research-based circle program models, best practice approaches, and manualized curricula. Girls Circle®, The Council for Boys and Young Men®, and Women's Circle® integrate evidenced-based practices with cross-cultural traditions and caring relationships.





THE COUNCIL FOR BOYS AND YOUNG MEN® CURRICULA

The Council Facilitator Activity Guides are fully developed curricula to engage, challenge, celebrate, develop, and unite boys. The user-friendly guides contain step-by-step instructions on leading discussions, teambuilding, and creative activities. Simply gather your materials and begin. Easily adaptable to your own unique setting. www.OneCircleFoundation.org | (415) 419-5119 | Fax: (415) 448-5459



GROWING HEALTHY, GOING STRONG

10 SESSIONS, Ages 9-14. Boys will have fun identifying social-emotional messages, experiences, and attitudes for growing up male in our culture. Competition, bullying, male and female role expectations, self confidence, and teamwork are highlighted through games and team challenges. \$147



STANDING TOGETHER: A JOURNEY INTO RESPECT

10 SESSIONS, Ages 9-14. Provides engaging ways to address common themes which pre-teens and early adolescents encounter, including breaking down social-cultural barriers, motives and actions around put-downs, defining male power, and standing up for each other. \$147



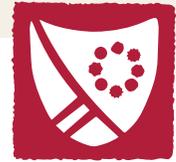
LIVING A LEGACY: A RITE OF PASSAGE

10 SESSIONS, Ages 14-18. Young men gain skills and knowledge to navigate growing up male in today's society through the introduction of topics and experiential activities that address a myriad of relevant challenges – safely, powerfully, and within a spirit of “council” connection. \$147



JOURNEY OF THE GREAT WARRIOR: EMPOWERING MINORITY AND DISENFRANCHISED YOUTH

18 SESSIONS, Ages 13-18. (Prerequisite: Living a Legacy.) Recognizes assets and barriers of marginalized youth. Using creative challenges, personal narratives, and the restorative environment of nature, it builds upon individual, collective and cultural assets. \$221



MEN OF HONOR: BECOMING RESPECTFUL, NONVIOLENT LEADERS (SETS 1 & 2)

10 SESSIONS EACH, Ages 13+. In this groundbreaking and trauma responsive two-set curriculum, young men examine harmful gender norms and develop definitions of manhood. Fun and thought-provoking. \$368 for both or individually for \$184 each.



BROTHERS AS ALLIES

10 SESSIONS, Ages 11-14. Addresses gender roles and expectations, self-expression, healthy masculinity, respect for differences, positive ethnic identity, communication, empathy, and becoming allies. Originally created as part of a 4-year study funded by the CDC, it is a compilation of sessions from other guides aimed at preventing violence. \$147



SEX IN THE DIGITAL AGE: A GUIDE TO TALKING WITH TEENS ABOUT PORNOGRAPHY AND SEXTING

6 SESSIONS, Ages 11-18. Harnesses the relational strengths of youth to effectively explore the complex intersecting topics of technology, sexuality, and relationships. Not intended as a stand-alone program, this guide fits seamlessly with your existing sex education and media literacy offerings. \$90



groups and projects, juvenile justice settings, recreational programs, foster care services, mentoring projects, faith organizations, outdoor and adventure learning, camps, mental health programs. A Value of \$1,134 – Priced at \$1,020 (10% Off.)

THE COUNCIL FACILITATOR MANUAL – This manual outlines all a facilitator needs to implement the strengths-based Council program within their organizational settings and is a potent tool that is full of practical, useful information presented in our workshop. Includes: Resiliency and Strengths-Based Principles, Masculinity Identity Theories, the Male Brain, Outline of The Council Model and Format, Responding to the Stages of Group Development, and more. Prepares agencies and individuals to offer boys a solid pathway toward healthy masculine identity development and encourages boys' solidarity through personal and collective responsibility. \$104

THE COUNCIL COMPLETE SET

For Ages 9-18. Includes eight activity guides plus The Council Facilitator Manual. Well-suited in all settings where boys live and gather: schools, after school programs, community youth