DEVELOP NEW DEFINITIONS OF MANHOOD FOR BOYS AND YOUNG MEN.

The Council for Boys and Young Men is a strengths-based group model for youth ages 9-18 that addresses risk factors and empowers boys and young men to find belonging, build assets, and deconstruct harmful masculinity beliefs on their journey toward becoming respectful leaders and connected allies in their community.

Additionally, the model:

- Stimulates critical thinking and moral reasoning through experiential activities and guided discussions
- Has shown significant increases in school engagement
- Is implemented in community based organizations, schools, mental health, child welfare, and juvenile justice settings nationwide
- Compliments core programs that promote boys’ critical thinking skills and pro-social perspectives
- Employs culturally-responsive and trauma-responsive practices
- Inspires boys to be self-motivated to change and to develop and practice skills that can be transferred to classrooms, neighborhoods, job training, or the basketball court
- Has received high satisfaction reports by participants of the program – boys want to be there!

ONE CIRCLE FOUNDATION MISSION

One Circle Foundation is a San Francisco Bay Area nonprofit that promotes resiliency and healthy development in youth, adults, and communities. We train, consult, and equip service providers across all youth sectors locally and internationally with research-based circle program models, best practice approaches, and manualized curricula. Girls Circle®, The Council for Boys and Young Men®, and Women’s Circle® integrate evidenced-based practices with cross-cultural traditions and caring relationships.
The Council for Boys and Young Men Curricula

The Council Facilitator Activity Guides are fully developed curricula to engage, challenge, celebrate, develop, and unite boys. The user-friendly guides contain step-by-step instructions on leading discussions, teambuilding, and creative activities. Simply gather your materials and begin. Easily adaptable to your own unique setting.

www.OneCircleFoundation.org  |  (415) 419-5119  |  Fax: (415) 448-5459

GROWING HEALTHY, GOING STRONG
10 SESSIONS, Ages 9-14.
Boys will have fun identifying social-emotional messages, experiences, and attitudes for growing up male in our culture. Competition, bullying, male and female role expectations, self-confidence, and teamwork are highlighted through games and team challenges. Boys develop vocabulary and skills to expect and enact fairness, healthy competition, and respect for self and others. $147

STANDING TOGETHER: A JOURNEY INTO RESPECT
10 SESSIONS, Ages 9-14.
This guide provides engaging ways to address common themes which pre-teens and early adolescents encounter, including breaking down social-cultural barriers, motives and actions around put-downs, knowing personal rights, defining male power, respecting others’ physical boundaries, understanding and using the energy of strong emotions, and standing up for each other. $147

LIVING A LEGACY: A RITE OF PASSAGE
10 SESSIONS, Ages 14-18.
Young men gain skills and knowledge to navigate growing up male in today’s society through the introduction of topics and experiential activities that address a myriad of relevant challenges - safely, powerfully, and within a spirit of “council” connection. Boys will explore: relationships, conflict resolution, education, leadership, community service, diversity, mass media messages, personal values, integrity, and future goals. $147

JOURNEY OF THE GREAT WARRIOR: EMPOWERING MINORITY AND DISENFRANCHED YOUTH
18 SESSIONS, Ages 13-18.
(Recommended prerequisite: Living a Legacy.) Recognizes assets and barriers of marginalized youth. Using creative challenges, personal narratives, and the restorative environment of nature, it respectfully explores effective and limiting survival strategies and builds upon individual, collective and cultural assets. $221

MEN OF HONOR: BECOMING RESPECTFUL, NONVIOLENT LEADERS (SETS 1 & 2)
10 SESSIONS EACH, Ages 13+.
In this groundbreaking and trauma responsive Two Set curriculum, young men examine harmful gender norms and develop definitions of manhood. Fun and thought-provoking activities engage participants to work together towards becoming respected leaders and allies in their communities. $368 for both or individually for $184 each.

The Council Complete Set  For Ages 9-18. Includes all six guides plus The Council Facilitator Manual. Well-suited in all settings where boys live and gather: schools, after school programs, community youth groups and projects, juvenile justice settings, recreational programs, foster care services, mentoring projects, faith organizations, outdoor and adventure learning, camps, mental health programs. A Value of $1,134 – Priced at $1,020 (10% Off.)

The Council Facilitator Manual  – This manual outlines all a facilitator needs to implement the strengths-based Council program within their organizational settings and is a potent tool that is full of practical, useful information presented in our workshop. Includes: Resiliency and Strengths-Based Principles, Masculinity Identity Theories, the Male Brain, Outline of The Council Model and Format, Responding to the Stages of Group Development, and more. Prepares agencies and individuals to offer boys a solid pathway toward healthy masculine identity development and encourages boys’ solidarity through personal and collective responsibility. $104